

# Upon This Rock!

## The Church at Rock Hill

### Meditate on the Lord

Meditate-To reflect on; contemplate

Isaiah 26:3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

Meditation is simply self talk or the way you speak to yourself about things in your life. Everybody meditates on something, but often it is on the wrong thing, on the wrong person, or with the wrong focus. You see, it's not about us, it's about HIM. Let your meditation be about the Lord, about his love, his word, his promises, his goodness, his faithfulness, his long suffering, his mercy, his grace. As you do, you will be able to cast your cares on the Lord, with strong confidence that HE cares about everything going on in your life.

(I Peter 5:7)

Psalm 48:9

We have thought, O God, on your loving kindness, in the midst of your temple.

Psalm 59:16

But I will sing of your power; yes, I will sing aloud of your mercy in the morning; for you have been my defense and refuge in the day of trouble.

Psalm 77:6

I call to remembrance my song in the night; I meditate within my heart, and my spirit makes diligent search.

Psalm 77:11-12

I will remember the works of the Lord: surely I will remember your wonders of old. I will also meditate on your work, and talk of your deeds.

Psalm 104:34

May my meditation be sweet to him; I will be glad in the Lord.

Psalm 119: 15-16

I will meditate on your precepts, and contemplate your ways. I will delight myself in your statutes; I will not forget your word.

Psalm 119:97

Oh, how I love your law! It is my meditation all the day.

Psalm 119: 148

My eyes are awake through the night watches, that I may meditate on your word.

Psalm 143:5

I remember the days of old; I meditate on all your works; I muse on the work of your hands.

Psalm 145:5

I will meditate on the glorious splendor of your majesty, and on your wondrous works.

Apr, May, June,  
July 2013

Volume 4, Issue 2

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## LOVE NEVER FAILS...I Corinthians 13:8

Take time to LOVE. The true spirit of the Body of Jesus Christ is that UNCONDITIONAL LOVE that the Lord Jesus has shown to us as he made his way to the cross. If only we could be but a reflection of that pure, simple love that HE has given to each and every one of us. Every act of love we can show to others, great or small, will become HIS hand extended to a world that is ever asking, "Does anyone love me?"



### Just For Parents

**Tell your child what they CAN do instead of what they CAN'T do. Practice positive alternatives to avoid overusing the word "NO" while maintaining reasonable limits.**

**One of the most important things you can do to encourage communication is to talk to your child. Discuss the environment and what is important to them. While running errands, making dinner, or visiting family, discuss what you're doing and ask your child questions.**

**Encourage your child to read by being an example so that they may see you and model the behavior. If you're spending a lot of time in front of the TV or computer, your children will follow your example.**

### STOP LOOKING LIKE THE WORLD!

God has called us to a higher calling. God has something 100 times better than what the world has to offer. Let's let the world know that we are different and that we plan on working on being different until we reach perfection. Let's let the world know that we have unspeakable joy and peace. Let's let the world know that we plan to live forever. Let's let the world know that we simply...

THINK DIFFERENT. ACT DIFFERENT. DRESS DIFFERENT. BE DIFFERENT.

**WE ROLLING HOLY!**

Today, We once again bring our child to You. Please show us how to parent this precious gift that you have given us. Help us to be the best mother/father that we can be. I pray that Your **Holy Spirit** will teach us, Your **wisdom** will guide us, and Your **love** will move us. Most of all, Lord, WE give this child to You. Please make him a servant after Your own heart. In Jesus Name WE pray.

~James & Keisha Lightner

## James “Carter” Lightner

April 27, 2013 9:13pm 7 lbs. 2 oz. 19.5 in



## Sis Kimberly Gibson

Bachelor of Science—Computer Information Systems



I thank God for having his hand on my life and for allowing me to graduate from college. I appreciate the Lord for bringing me to the Body of Jesus Christ during my last year of college and keeping me with his people. I'm also thankful for the job that he has blessed me with in my area of study. I know that with the extra responsibility and blessings that God has given me, he is requiring me to grow up. I believe that he is holding me more accountable. And expecting so much more from me as I continue to grow. I pray that the Lord helps me to be a proper example to my co-workers and that he uses me to witness to others. Thank you all for your love and support.

~Sis Kim

## Sis Anna Bell

I made it...  
PRAISE GOD!



# Don't Forget Your Best Friend

Dear Friend,

As you got up this morning, I watched you, and hoped you would talk to me, even if it was just a few words, asking me my opinion or thanking me for yet another day to live. But then I noticed, you were too busy trying to find the right outfit to wear.

When you ran around the house getting ready, I knew there would be a few minutes for you to stop and say Hello, but you were just too busy. At one point, you had nothing to do because you finished getting dressed earlier than normal, so I thought you would take the time to talk but you sat quietly in a chair. Then you sprang to your feet, grabbed the phone, and called a friend to converse with them instead. I watched patiently.

I noticed before lunch you looked around, maybe you felt embarrassed to talk to me or bow your head. You looked over at three or four other tables and noticed that others were talking to me briefly before they ate. But you didn't. And in your mind you feel it's ok because there is still time left in your day.

You went home and it seems as if you had so many things to do. After a few of them were done, you turned on the computer. I waited patiently again as you surfed the net and ate your meal, but again you didn't talk to me.

At bedtime, you were tired and you didn't get down on your knees. You could have took the other route and spoke to me with your head on your pillow; but you didn't do that either.

You plopped on your pillow and fell fast asleep. You may not realize this but I am always here for you. I've got patience, more than you will ever know. I even want to teach you how to be patient with others.

I love you so much that I wait everyday for a nod, prayer, thought, acknowledgement, or a thankful part of your heart. It's hard to have a one sided conversation.

Well, you're getting up once again. Once again I will wait with nothing but love for you. Hoping that today you will give me some time. Have a nice day!

Love, Your Friend Jesus

*Proverbs 18:24* and there is a friend that sticketh closer than a brother.

## Faithfulness in the Little Things

In Luke 16:10 Jesus tells us that "He that is faithful in that which is least, is faithful also in much.

What demonstrations of faith do you portray in your life?

- Are you a faithful employee for the sake of honoring Christ? Do you arrive on time, adhere to company rules, and work hard?

- Are you a faithful husband or wife even in your thoughts and with your eyes? Are you faithful to respect and build up your spouse in your speech even when he or she is not around?

- Are you a faithful parent, teaching and disciplining your children in the way God instructs you in His word? Do your children know you as one who keeps promises even when it requires self-denial?

- Are you a faithful child, obeying

and honoring your parents even when they aren't looking? Do your parents know you as a young man or woman of integrity? Are you trustworthy?

- Are you a faithful saint, keeping your commitments and participating actively with your brothers and sisters in Christ even when it calls for sacrifice? Or when the church gathers, do the other saints wonder whether some lesser concern will keep you away?

- Are you faithful in your personal disciplines of Bible study, meditation, and prayer? How about the disciplines of self-control and giving? Do you keep the promises you have made to God, yourself, and others in these areas?

- Are you a faithful witness for Jesus? Do you speak the truth about

Christ even when keeping silent would be easier?

I Corinthians 4:2 states that it is a requirement of stewards that a man be found faithful. This is not an option. Jesus Christ is the supreme example of faithfulness and he left the blueprint for us to follow. He always did God's will and spoke his words. He only had one desire; not my will but thine will be done. One thing that we must remember is that little things are BIG in God's eyes. It's the faithfulness in the little things that produce discipline in our lives. If you are not disciplined then pray for the strength to be faithful in every aspect of your life. Consider the words in this article and examine yourself. How do you measure up?

Lord help us to know and understand the importance of the little things.

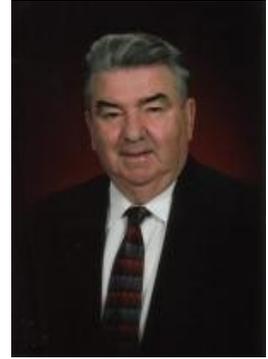
# Know Them That Labor Among You...I Thessalonians 5:12



Bro Billy Brown  
Humble, TX



Bro Paul Dial  
Jacksonville, FL



Bro Alfred Daves  
Godfrey, IL



Bro Gary Wright  
Humble, Texas

STAY TUNED FOR  
MORE BROTHERS IN  
THE NEXT FEW NEWSLETTERS!

# THANK YOU LORD FOR THE BODY OF JESUS CHRIST!



Praise the Lord Saints! I'm very grateful for the Body and for also being a part. I'm thankful for the vision that the Lord has planted deep down in my soul. I've been raised in church all of my life and have witnessed a lot throughout my childhood; some things pleasant and a lot of things not so pleasant. It will take pages to explain everything, so with that being said...can I just say ...**THANK YOU LORD FOR THE BODY OF JESUS CHRIST!!!!!!**

Coming to TCARH was different and when I was invited out it was all because of a young lady and honestly, I didn't mind trying something new. The teaching made me stick around and a bright light finally turned on. A lot of things that were presented to me previously made more sense. The people of God also made an impression upon me. It actually took me a while before I could honestly see that the people were real and sincere about the Lord, due to my past experiences with different churches and people.

Since coming to TCARH my life has changed tremendously, but I still have more changing to do. TCARH has taught me how to be a real man of God, the importance of salvation and knowing God for yourself, and who the real devil is. I never met a group of people that were really striving to be more like Jesus. That's what separates TCARH from other churches. How often do you hear the pastor say

“Read the Word for yourself”? Not too often. I know I never heard it. Being in the body, you're taught the truth of the word of God and you're held to a greater accountability for the things you do and say.

Some of the best things that has happened to me since I've been in the body is learning how to lean and depend on Jesus for ALL things, learning how God works, and just being thankful for all the things I've been through, which has made me the man I am today. Also, I'm thankful to the Lord for sending me a woman with the same understanding, the new addition to the body and our family James Carter, and where the Lord has me.

In the future I pray that I can overcome this flesh of mine and sin that I battle with, so I can make the bride.

~ Bro James Lightner

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Services held at  
*Rock Hill Jaycees Building*  
196 Grayson Road  
Rock Hill, SC 29730

## The Church at Rock Hill

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Service Times  
Sunday 12:30pm  
Wednesday 7:30pm  
*Open for prayer one hour  
before each service.*

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### *NEWS YOU CAN USE!!!*

#### *Fall CAMPGROUND Meeting*

*September 30th-October 3, 2013*

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### 2013 Meeting Schedule

July 25 – 27	Wichita, KS	(Y)
August 31 – Sept. 02	Louisville, KY	(CC) (G)
September 18 – 21	New York, NY	(I)
September 26 – 29	Shepherdsville, KY	(M)
October 25 – 27	Memphis, TN	(R)
October 30 – Nov. 2	Paris, France	(I)
November 12 – 15	Little Rock, AR	(M)
November 21 – 23	Sterling, IL	(R)
November 27 – 30	Portland, OR	(R)
December 03 - 05	Louisville, KY	(CC) (RM)

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